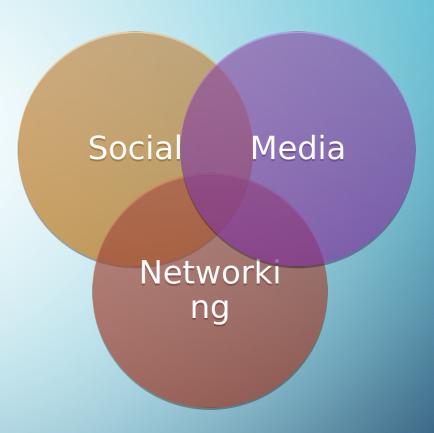
SOCIAL MEDIA MATTERS: SHOWING UP ONLINE AS WELL AS ONTIME

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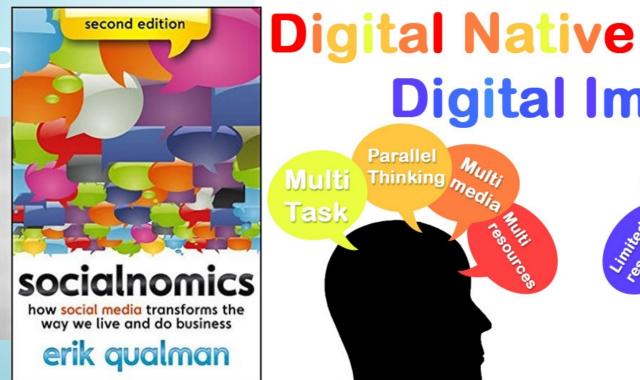
INTRODUCTION

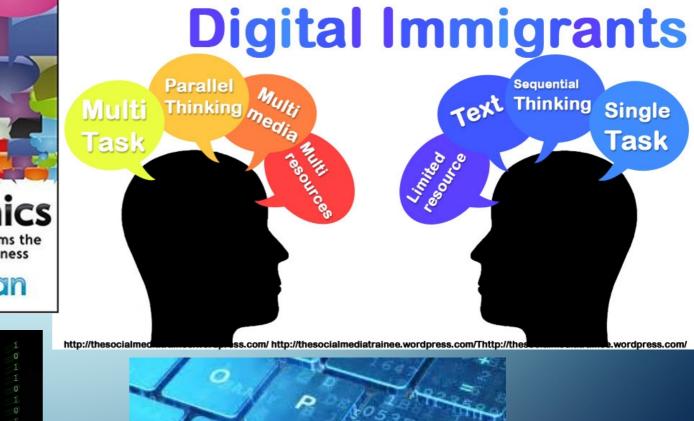
- Definition
- Chronology
- Social + Media + Networking
- Mobile Device Internet Usage Outpacing All Other Mediums
- Power & Reach of the Smartphone
- Engagement & Interaction



NEW LANDSCAP





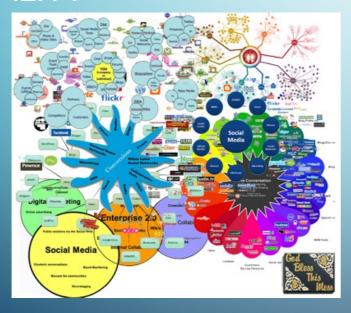






SOCIAL MESS VS. SOCIAL ORGANIZATION

REALITY



OUR VISION OF SOCIAL MEDIA



Sources: tjcnyc.com and Brandingvaluenow.com

POWERS OF SOCIAL MEI

SOCIAL NETWORKING FOR JOBSEEKERS

88%

AT LEAST ONE SOCIAL NETWORKING PROFILE

Who are the jobseekers



23%

ASKED FOR SOCIAL MEDIA INFO

Who are the jobseekers



\$75-99

61%

Who are the jobseekers





Of iobseekers use LinkedIn to help find work



Majority of our daily media interactions are screen based

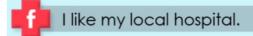


On average we spend 4.4 hours of our leisure time in front of screens each day

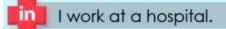


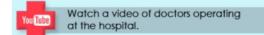
Social Media Explained —~~

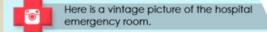
WITH HEALTHCARE

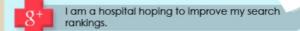


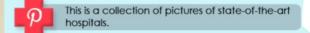


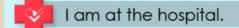


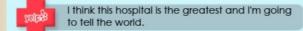


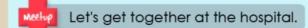












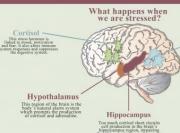
What do you think about this hospital?

The HAPPINESS EFFECT

- . Most of us have heard the term "runner's high. But what exactly does this mean?
 - * Exercise creates chemical responses in the brain, which lead to both temporary and long
- term mental health benefits.

. Here's how it all works:

How Exercise Makes You Happy



ong term stress leads to:

Feeling overwhelmed? Hit the gym!



Brain derived neurotrophic factor (BDNF)



Norepinephrine

Both exercise and happiness increas antibody production. Antibodies are special proteins produced by the immune system to help fight viruses

Dopamine

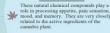
This neurotransmitter is a "feel good"

This neurotransmitter is responsible for feelings of screnity and hopefulness. Low levels are linked to depression. SSRI

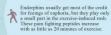
mood boosting chemical. It also controls the brain's reward and pleasure center and is responsible for feelings of relaxation and euphoria.



Endocannabinoids



Endorphins



Be careful!

ntense exercise can weaker ecovery period following

Did you know?

Working out on your lunch productivity for up to 3



IMPACTS ON YOUTH - THE NEXT



mportanceOfTech.com



03 00 10959039 99077 LONG, GREASY HAIR

or shower when they're busy PALE INDOOR COMPLEXION terrorizing online forum members?

THICK NECK

The carotid artery walls in the neck thicken with the stress of being right all the time.

BAD POSTURE

A natural effect of having to carry the weight of the ignorant Internet world upon one's shoulders.

BIG BELLY

Full of vitriol

SWEAT PANTS

PERMA-WRINKLE BETWEEN BROWS Brought on by being a combination of frustrated and focused all the time.

BAGS UNDER EYES

Sleepless nights are signs of diligent Internet trolling.

SMALL SHARP TEETH

of energy needed for firing off comments. in fits of resentful anger.

WORN-DOWN CAPS LOCK BUTTON

RED BULL

CAN IN HAND

Due to excessive Internet yelling.

WRIST BRACE

To fight off carpal tunnel syndrome.

Mother's 1970's carpet







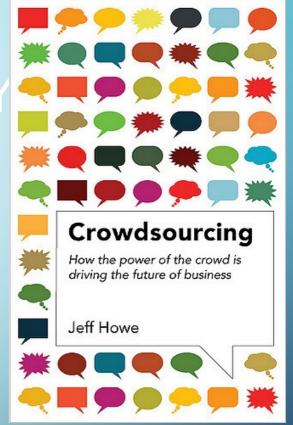


http://www.self.com/fitness/2012/05/benefits-of-exercise

HealthCentral

CONDUCTING LIFE DIFFERENTLY

- New dependencies
 - Science fact vs myth
 - Creative entrepreneurship
 - Self empowerment
- Fewer boundaries
- Less Reliance on traditional news identified three primary types of motives for news sharing on social media: altruistic, social, and self-serving
- Crowdsourcing, rating, reviews



RECENT EMERGENCY RESPONSIVENESS – DIFFERENT EXAMPLES FROM AROUND THE WORLD

HURRICANES 1,2,3



EARTHQUAKES, VOLCANIC ERUPTIONS





COMFORTED BY TWEETS & POSTINGS... COMMUNICATIONS FROM HURRICANES HARVEY. IRMA. AND MARIA







@CrowdRescueHQ | CrowdRescueHQ.org | #IrmaSOS

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LESSONS LEARNED—SOCIAL MEDIA MATTERS WHEN TIMES GET TOUGH

- Eliminates geographical barriers
- No time delay in transmission
- Simultaneous translation
- Serves all demographically agnostic
- Identifies status of missing persons
- Tracking aid on the way
- Reliance on power to allow connectivity charge phones;
 obtain cash from ATMs

STILL GREY & WHAT MATTERS NOW?

- Social media creates more expectations, thus change is new normal
- Smartphone optimization with integrated technologies is key to success of emergency responsiveness & bridges generation gaps
- Communication matters unifying family, bonding communities
- Television & news media rely upon social media from the public for frontline feeds
- Government services incorporating social media in delivery devoid of politics
- Challenges remain in organizing, retaining and managing social media output



QUESTIONS?